

Health Screenings in Texas Schools

State law provides for exemptions for the various health screenings required for students enrolled in Texas schools. For those who choose to obtain these screenings elsewhere, you may find these exemption affidavits helpful. Nowhere in state law does it require that children using these exemptions submit records from outside screenings or that these affidavits be notarized.

Note: These exemptions are provided to empower you with your choices. TFVC supports all parents regardless of where you obtain these health screenings.

Vision and Hearing:

The requirements apply each year for children at these ages or grades:

Children who turn 4 years old by September 1

Kindergartners

Students in 1st, 3rd, 5th and 7th grades

ANY other first-time enrollees (from 4 years through 12th grade)

[**CLICK HERE FOR VISION AND HEARING EXEMPTION TEMPLATE**](#)

Acanthosis Nigricans:

These are typically done when vision/hearing and scoliosis screenings are completed in 1st, 3rd, 5th, and 7th grades

[**CLICK HERE FOR ACANTHOSIS NIGRICANS EXEMPTION TEMPLATE**](#)

Scoliosis:

Girls are screened two times:

once at age 10 (or fall semester of grade 5)

again at age 12 (or fall semester of grade 7)

Boys are screened one time at age 13 or 14 (or fall semester of grade 8)

[**CLICK HERE FOR SCOLIOSIS EXEMPTION TEMPLATE**](#)

Templates for all 3 screenings are also found below for your convenience.

AFFIDAVIT OF RELIGIOUS EXEMPTION

I, _____, understand that Texas law requires schools and childcare facilities to screen children for vision and hearing disorders. I ask that _____ not be screened because these screenings conflict with our religious beliefs. I exercise this exemption in accordance with Texas Administrative Code Rule 37.25(c), Texas Administrative Code Rule 746.629 (b)(3), and Texas Health and Safety Code Sec. 36.005(b).

Parent or Guardian

AFFIDAVIT OF RELIGIOUS EXEMPTION

I, _____, understand that Texas law requires schools to screen for Acanthosis Nigricans and other Type 2 diabetes indicators such as BMI and blood pressure. I ask that _____ not be screened because it is against our religious beliefs. I exercise this exemption in accordance with Texas Health and Safety Code Sec. 95.003 (b).

Parent or Guardian

AFFIDAVIT OF RELIGIOUS EXEMPTION

I, _____, understand that Texas law requires schools to screen children in grades 5 and 7 for spinal problems before the end of the school year. I ask that _____ not be screened

because it is against our religious beliefs. I exercise this exemption in accordance with Texas Health and Safety Code Sec. 37.002(b) and Texas Administrative Code Rule §37.144(e).

Parent or Guardian